CANTERBURY HEALTH IN ALL POLICIES

2021 Annual Report

Prepared by the Health in All Policies (HiAP) team at Community and Public Health Te Mana Ora (Canterbury District Health Board) on behalf of Canterbury agencies and organisations supporting a HiAP approach.





"THE HEALTH OF
HUMANS, OTHER
ANIMALS, PLANTS, AND
THE ENVIRONMENT
MUST BE CONSIDERED
TOGETHER BY ALL
AGENCIES AND IN ALL
POLICIES TO PROTECT
THE PLANET FROM A
FUTURE PANDEMIC."

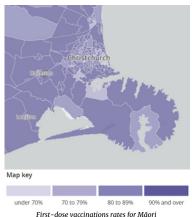
Pan-European Commission on Health and Sustainable Development, 2021 As COVID-19 pandemic continues to impact our lives, it is important not to lose sight of the multiple factors that affect our health and wellbeing. As the health system concentrates on the varied responses needed to meet the demands of widespread transmission, many agencies in Canterbury continue to implement projects and policies that improve our environment and our communities. This year's Health in All Policies (HiAP) Annual Report focuses on some of these initiatives.

As we plunge into a new phase of living with COVID-19, we have a renewed opportunity to consider and create the conditions that encourage a healthy population and planet. Let's continue to work together to achieve this.

Multi-sector response to COVID-19 vaccination

Vaccination, along with sanitation and clean drinking water, has undeniably been responsible for some of the largest improvements in health outcomes in history. Although other public health and social measures remain essential to preventing transmission, COVID-19 vaccines are a very important tool to lessen the impact of the pandemic on our health and economy.

The COVID-19 vaccination programme in Canterbury has showcased the power of multi-sector collaboration. As noted in the Waitangi Tribunals Hauora Report: Wai 2575, achieving equitable health outcomes for Māori is a responsibility of all sectors, not just the health sector. The team planning the roll-out cast the net wide to include as many players as possible. Not only have partner organisations from across the health system been getting behind the programme, but also local councils, community organisations, church and community leaders, businesses, tertiary providers and schools have been working alongside the programme to support vaccination uptake.



Pirst-dose vaccinations rates for Māori per statistical neighbourhood in Greater Christchurch as at 28 February 2022 (Source: https://covid19.govt.nz)

The delivery model has centred on equity, offering flexibility and choice.

While large DHB-run clinics (at Orchard Road, The Princess Margaret Hospital, and later the Christchurch Arena Drive Through in Addington) delivered many vaccinations initially, primary care clinics (general practices and community pharmacies) are now the primary delivery mechanism, with over 140 primary care providers across the region offering COVID-19 vaccinations, giving a local option for Cantabrians.

The roll-out has also included important partnerships with Māori and Pacific providers.

MIHI (Māori Indigenous Health Innovation), Te Puawaitanga ki Ōtautahi Trust, He Waka Tapu, Purapura Whetu, and Whānau Ora Community Clinic have been involved in delivering both fixed clinics and outreach services at marae, kura, sports clubs and in communities, and with organisations with high Māori populations. These teams include kaimanaaki to provide additional support, offer transport options, provide education/pātai opportunities, and kai.

A Pasifika Collective including Tangata Atumotu Trust, Etu Pasifika, Vaka Tautua primary care and central Government agencies also championed the vaccination roll-out across the Pasifika community bringing colour and fun to clinics in the community and at churches. Their church, community, clinical and youth champions appeared on billboards and posters throughout the region.

Local businesses rallied behind Canterbury Super Saturday when over 17,000 doses were delivered across the region in a single day, and business groups initiated a local marketing campaign to support vaccine uptake.

To ensure getting a COVID-19 vaccination was easy and accessible for all, the Metro Bus service provided free travel to and from vaccination appointments. Pop-up events were held at University of Canterbury, Ara, markets, supermarket carparks, council and community facilities across Canterbury, and many many more. Clinics also offered accessible events with longer appointment times, clinics for refugee and migrant communities, New Zealand Sign Language interpreters and low-sensory environments. For people who could not attend a clinic due to physical disabilities, mobility issues or mental health reasons, home vaccinations were also available.

While locally over 1.2 million doses have been delivered to date, the Canterbury COVID-19 vaccination programme is not finished and has now moved to concentrate on booster and paediatric doses, with the same focus on equity and whānau-centred delivery at the centre.

Planning for an even Greater Christchurch

The Greater Christchurch Partnership (the Partnership or GCP) is a great example of HiAP in action. The Partnership includes health voices at all levels of its governance and operational structures and has a history of considering health impacts in the development of its plans. It has included Canterbury DHB HiAP team members in past plan development processes and this commitment continues for its current work. Two key projects the GCP have been working with its partners on this past year exemplifies this approach.

Greater Christchurch 2050

The Partnership undertook community and youth engagement and held stakeholder and leadership workshops in late 2020. This engagement identified the communities' aspirations, priorities and concerns for the future of Greater Christchurch. An overview of the feedback received from this engagement is available on the Greater Christchurch Partnership website.

Building on the information received from the public and stakeholder engagement, the focus of the work last year has been to develop the draft Greater Christchurch 2050 strategic framework (which includes a vision, set of outcomes, directions and values) and the plan (which outlines the priorities and key moves that will help achieve the outcomes set out in the strategic framework). The development of the Greater Christchurch 2050 strategic framework and plan have embedded the values of mana whenua.

The Partnership is in the process of finalising Greater Christchurch 2050 over the coming months.



Greater Christchurch Spatial Plan

The GCP and central government are working together to develop a new spatial plan for Greater Christchurch that will set the direction for how the urban area will grow and change over the next 30 plus years in the context of the significant opportunities and challenges facing the sub-region. The work on the spatial plan will be the first joint project of the Greater Christchurch Urban Growth Partnership.

The Partnership has commenced work on the spatial plan, with the initial focus on developing the evidence base and strategic framework that will underpin the plan. Work has also begun on considering potential future urban form options for Greater Christchurch, including the potential for Mass Rapid Transit (MRT) corridors. As part of this we will be using tools to support a HiAP approach to think about the impacts of these options.

Work will continue to refine the evidence base and strategic framework and consider the potential future urban form options. A foundation report that summarises the work on the evidence base and strategic framework is expected to be completed in the coming months, with consultation on the draft Spatial Plan anticipated in early 2023.

Strengthening Communities

Waka Toa Ora (Healthy Christchurch)



Although activity was limited at times due to COVID, the Waka Toa Ora (Healthy Christchurch) forum continued to deliver seminars and hui in 2021 in person when possible and online. This includes a popular series addressing wellbeing and the economy and Whakatakanga Tupeka Kore -Mission Tobacco Free, and an update on COVID-19 insights from the Community and Public Health doctors.

The weekly posts and social media aim to have content from across signatory groups and ensure a focus on equity. Some examples are promoting vaccination, pacific languages, and the Getting Through Together campaign.

Christchurch Gambling and TAB Venues Policy Review

Gambling poses several risks to public health, with class 4 gaming (pokie) machines presenting a much higher risk of harm compared to other forms of gambling. The Christchurch City Council's review found that Christchurch continues to have more pokie machines per head of population and significantly higher rates of people seeking assistance for problem gambling compared to national averages. At the Council meeting to consider the Policy, elected members received several deputations, speaking to the serious harm that pokies have caused in the community, particularly among vulnerable populations.

The Council resolved in September 2021 to retain the city's sinking lid policy on class 4 gaming venues, meaning the Council will not grant consent for any new pokie venues or allow existing venues to increase machine numbers. This is the strictest policy setting available for class 4 gaming.

Otautahi Christchurch Recovery Plan

A collective effort is focused on ensuring Ōtautahi Christchurch and surrounding areas recover from the impacts of COVID-19 in a strong and fair way. Part of the monitoring for the Ōtautahi Christchurch Recovery Plan led to the creation of the Ōtautahi Christchurch Socio-Economic Wellbeing Monitoring Portal to collate key datasets from a range of organisations. The portal includes social and economic indicators and is designed to be interactive, allowing some filtering and customisation of the data. Although focused on Ōtautahi Christchurch, where information is available data for Canterbury and New Zealand is included for comparison.

Access the Portal

Christchurch Alcohol Action Plan



The Christchurch Alcohol Action Plan (CAAP) is a partnership between Christchurch City Council, Canterbury District Health Board and NZ Police aiming to reduce alcohol-related harm in the area. The CAAP hosted two community forums in 2021, with guest speakers on working with youth, foetal alcohol spectrum disorders (FASD) and several presentations on the impact of lockdowns on drinking behaviour.

20% Of Canterbury residents are

hazardous drinkers

(Pooled year data 2017-2020) Source: Ministry of Health

Supporting Healthier Homes and Environments

Climate change

In June 2021, Christchurch City adopted <u>Kia tūroa te ao, Ōtautahi Christchurch Climate Resilience Strategy</u> <u>2021</u> – a blueprint for collective action and part of a wider conversation about how we work together to reduce our greenhouse gas emissions. The Strategy was developed using feedback from Ngāi Tahu and the Papatipu Rūnanga, public surveys, Councillors, and staff, as well as an external Technical Advisory Group with representation from local academics, scientists, unions, youth, health, community, and climate and sustainability advocates.

The strategy sets four climate change goals for Christchurch:

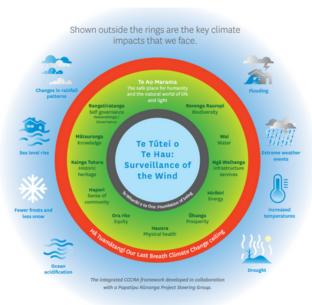
- Goal 1. Net Zero Emissions Christchurch
- Goal 2. We understand and are preparing for the ongoing impacts of climate change
- Goal 3. We have a just transition to an innovative low-emission economy
- Goal 4. We are guardians of our natural environment and taonga

The Strategy emphasizes that to achieve climate goals the people and organisations in the area all need to play their part.

Climate change and community resilience is one of Environment Canterbury's key work portfolio. Last year they took a holistic approach to the <u>Canterbury Climate Change Risk Assessment (CCCRA)</u>, working with a range of stakeholders through the Canterbury Mayoral Forum, including Canterbury DHB, to consider the variety of impacts. The purpose of the report is to support councils to prioritise the identified climate change risks, allowing local authorities to plan for action.

The report centres around an integrated framework, Te Tūtei o Te Hau: Surveillance of the Wind, aligned with a Te Ao Māori worldview as well as the National Climate Change Risk Assessment framework. As shown in the figure to the right, the framework includes eleven ngā pono (values). The overall findings in the CCCRA show that climate change risks are threatening all eleven ngā pono (values) in the framework, and that direct and indirect risks will increase over time. Highly rated risks include those to biodiversity, water and infrastructure services. The document included a chapter about impacts of climate change on Hauora/Human wellbeing and equity.

Environment Canterbury also headed the regionwide 'Its time Canterbury" campaign to help communities understand and prepare for the impacts of climate change.



Te Tūtei o Te Hau framework

Of Greater Christchurch residents are satisfied with their access to natural environments

> Source: Canterbury Wellbeing Index

The Listed Land Use Register: a tool for protecting human health

Environment Canterbury's Listed Land Use Register (LLUR) is an innovative online tool for identifying potentially contaminated land sites.

The LLUR contains details of site activity, investigation records, aerial photography, a bespoke database of contaminated site records and links to a document management system. The free access to this information provides to the public the means to identify pieces of land, access information held on that land, obtain site specific data and download records and investigations straight to their device.

First begun in 2007, the LLUR has been upgraded over the past 2 years to improve functionality and enhance customer experience. Over 25,000 free property statements have been downloaded from the system in the past year.

The value of the LLUR was recognised recently when the LLUR was awarded the 2021 Australasian Land and Groundwater Association Industry Excellence Award which celebrates best practice in contaminated land and groundwater management.

The primary use is for ensuring development of land is appropriate for its future use, particularly relevant for development of former land that may still have legacy contaminants from previous land uses such as Orchards (where persistent pesticides have been historically used), closed landfills, timber



Improving connectivity and accessibility

Regional Land Transport Plan 2021-31

<u>The Canterbury Regional Land Transport Plan (RLTP) 2021-31</u> guides land transport planning and investment within the region. Taking effect on 1 July 2021, the Plan was prepared by the Regional Transport Committee, a collaboration of the region's councils and Waka Kotahi NZ Transport Agency.

As a result of feedback from submissions, Environment Canterbury increased the focus of the strategic direction on wellbeing, and the committee directed staff to develop better indicators to track wellbeing impacts, for example active transport and accessibility. There is also significant investment in road safety and a new category of investment for walking and cycling. It is hoped the new strategic direction set in the plan will lead to increased walking and cycling.

Healthy Commuting

Collaboration is key to Canterbury DHB's Healthy Commute programme, where Christchurch City Council carries out personalised journey planning with Metro bus incentives provided by Environment Canterbury. Other incentives and advice to promote active and shared travel options are offered at staff orientation sessions. In 2021, over 700 staff benefited from these engagements, a growth on numbers reached in 2020. This partnership programme continues in 2022, exploring expansion to offer travel support for the wider Canterbury DHB staff.

Work continues to grow and promote use of the city's cycleways alongside improvements for people on foot and other new innovations for getting around. The newest routes extend west of the city through Riccarton and connecting up to the University.

Road safety

The Regional Road Safety Working Group adopted a goal of a 40 per cent reduction in deaths and serious injuries on Canterbury roads, and set a new strategy to improve consistency and coordination across Canterbury councils to achieve this.

Disability sector

Christchurch City Council has allocated specific funding to help improve disabled access around the city through their 2021–2031 Long Term Plan. The recommendation to include this specific funding in the Plan came from the Council's Accessibility Regulatory Working Group which identifies barriers and opportunities for persons with disabilities created by the City's infrastructure, facilities and services.

In December, the Hāpai Access Card celebrated one year since it was introduced in Canterbury. The card enables people living with disabilities to communicate their access needs when they interact with business and services. This in turn allows business to provide better service to disabled customers. In its first year 750 cards were issued and has proved valuable in helping a card holder resolve accessibility situation. Over 150 business have signed up to take part in the scheme. Once accepted, businesses participate in training improving the customer experience for disabled people.

Ensuring safe and sustainable water supply and waterways

Community Waterways Partnership

Launched in March 2021, the Community Waterways Partnership supports the development of community-based initiatives to improve the ecological health, indigenous biodiversity and amenity value of our urban waterways. The partnership now has 55 signatory organisations and a coordinator based at Christchurch City Council. The Partnership is working on developing an online hub, messaging around protecting stormwater and support community events. One such project was Operation River Quest 2021 in May. This event saw 1,562 ākonga (students) from 20 Christchurch Nature Agents schools participate in Operation River Quest, whereby they picked up and analysed over 4,000 litres of rubbish.

Love Our Lakes

Love Our Lakes is a promotional campaign to encourage recreational lake users to respect the environment. It is run by the Upper Waitaki Water Zone Committee, who focus on protecting water quality. Their focus in the summer is on raising awareness on why we all really need to use the toilets and not poo in or near a lake to protect water quality and not have to close down favourite swimming spots.



Building Capacity

Using the Integrated Planning Guide for impact assessment

All plans and policies have consequences for the health of people and communities. The *Integrated Planning Guide for a healthy, sustainable and resilient future* is a multi-disciplinary tool that provides an integrated approach to health impact assessments. Rather than considering just health, it also brings together the interlinked ideas of resilience and environmental sustainability.

- Read a case study of using the IPG in Impact Factor
- Download the IPG
- <u>Download the IPG Pandemic-supplement</u> additional questions to consider while planning the recovery from this pandemic, or prepare for future public health emergencies.

Broadly Speaking

Broadly Speaking is an interactive training course that brings together people from across local and regional government, the health sector, and a wide variety of other organisations, to develop a greater understanding of the factors beyond the health sector that impact on the health of populations. As workshops are delivered in person, many the Broadly Speaking sessions planned for 2021 were cancelled while the health system responded to the pandemic. The facilitation team is looking forward to resuming delivery in 2022.

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canterburywellbeing.org.nz

<u>Download information on Broadly Speaking training, including dates for 2022.</u>

Many thanks to the agencies and organisations who contributed to this annual report and for your continuing commitment to implementing Health in All Policies.

Health in All Policies (HiAP) is a structured approach that systematically takes into account the health implications of decisions, seeks synergies, and avoids harmful health impacts, in order to improve population health and health equity. Organisations in Canterbury have been supporting this collective approach for over 17 years.

For more information visit

https://www.cph.co.nz/your-health/health-in-all-policies/