

# SEWN NEWS

Hui Tanguru / February 2017



Welcome to the February / Hui Tanguru 2017 Social Equity & Wellbeing Network (SEWN) newsletter.

#### **SEWN HQ**

SEWN is currently calling out for the yearly membership fee!

It's a bargain - \$25 to \$55 per individual or organisation for a whole year.

If you haven't received a membership renewal form please contact us: admin@sewn.org.nz Kia ora koutou,

Welcome back to another year of being part of a great sector working for community and social wellbeing. We hope that you've returned feeling energised and excited about the possibilities of the year ahead.

That is certainly how we're feeling here at SEWN – I wonder how long it will last! Sure, there will be challenges aplenty, but one of the joys of working in this field is all our fantastic colleagues who we can share a laugh, a moan or a celebration with, learn from, and work alongside.

Please remember that we're here to support you in your mahi. Any help we can give, please contact us. And if you just need a breather and some time out, we're suckers for an invitation to come out for a coffee.

#### **Inside February**

- Stitching together-SEWN news
- Thought-provoking articles
- · Resources for NGOs
- Funding info
- Plenty of events and training for you

## **Clare in the Community**



With thanks to the Guardian and Harry Venning

Newsletter for and by the Community Sector in Waitaha (Canterbury)

Email items for SEWN's March newsletter to <a href="mailto:newsletter@SEWN.org.nz">newsletter@SEWN.org.nz</a> by Wednesday 22nd February, 2017.

Keep linked in via <a href="https://www.facebook.com/SEWNChch">https://www.facebook.com/SEWNChch</a>

**United State 1** Love our work? Support us at givealittle: http://givealittle.co.nz/org/sewn/donate



## Stitching Together - more news from SEWN HQ:

#### SEWN's 2017 direction

The SEWN board and staff are preparing for our strategic plan review and 2017 direction-setting. We've been looking over what we've done in the past year and what's already on the horizon for the coming year that we might want to be involved in.

This includes a coming general election, work that's happening to develop local alternative economies, the Ministry of Civil Defence and Emergency Management's work to develop a new National Disaster Resilience Strategy, implementing the Priority Actions in the *Third Sector/Not-for-Profit Sector Recovery in Post-Earthquake Christchurch* report, the review of the Incorporated Societies Act, support for community development practice and practitioners, and implementing the Resilient Greater Christchurch Plan. Phew! Add to that the projects that are already underway and our 'business as usual' and we are going to have to do some serious prioritising!

Our guiding question will be "what will contribute most to increasing social equity and wellbeing in Greater Christchurch?" We would love to hear your thoughts on this question. Where do you think our stitching can best help strengthen our social fabric? Email us at <a href="mailto:sharon@sewn.org.nz">sharon@sewn.org.nz</a>, phone 366 2050, or pop in to Community House for a coffee and conversation.

### Systems leadership

Systems thinking is a concept that more and more of us are becoming familiar with in our planning and service development, but have you heard of systems leadership? We've started reading up about this at SEWN as it looks to be very relevant to the way we work.

Our sector is very aware that inequity and marginalisation is caused not by a single issue but by complex problems that reach across sectors. Systems thinking looks at the various contributing factors that create a system that is inequitable. We know that to address these 'wicked problems' we can't work in silos but need to work collaboratively across sectors – something that the non-profit sector is very good at.

Systems leadership is a way of working that enables people to lead across and between organisations to address those systems. It is collaborative and crosses organisational and professional boundaries, and requires a very different style to traditional leadership. It's a style that sits well with approaches to working together such as co-creation and collective impact.

At SEWN we know that we can be more effective by working collaboratively, and we actively look for initiatives that our skills and resources can make a difference to in order to reduce marginalisation and inequity. We're keen to learn more about systems leadership as it may be that supporting it in the projects we're part of will help get the result we want.

#### If you'd like to find out more:

https://ssir.org/articles/entry/the dawn of system leadership

https://www.kingsfund.org.uk/sites/files/kf/field/field\_publication\_file/System-leadership-Kings-Fund-May-2015.pdf http://www.cevi.org.uk/docs2/Systems%20Leadership%20and%20Implementation%20Drivers%20GIC2015%20Ghate%20Handouts%20June%202015.pdf

## **Major Cycle Routes**

The Christchurch City Council is developing a network of 13 Major Cycle Routes linking shopping centres, businesses, schools, parks and popular destinations all across Christchurch. The routes are a response to the Share an Idea conversations about having more travel choice and safe options for cycling. Cycles routes are also a proven way to improve the health of the city, reduce congestion, build stronger local economies and reduce the cost of infrastructure. Bike-friendly cities consistently rank highly in quality of life surveys – cities where it's easy to get around by bike are great places to live. For more information about the Major Cycle Routes visit <a href="https://www.ccc.govt.nz.cycleways">www.ccc.govt.nz.cycleways</a>

#### FEBRUARY HOT TOPIC

In its last newsletter Charities Services acknowledged the charities involved in the earthquake relief efforts. If you know of others, please let Charities Services know – info@charities.govt.nz

#### **Registered Charities Helping Earthquake Struck Areas**

The earthquakes that hit the South and Lower North Island a couple of months ago have caused devastation, disruption and a fair amount of stress a few weeks out from the holiday season and the start of the busy summer tourist season. Events like this are a time when charities do the work they do best, and we are heartened to see the variety of ways in which organisations are getting stuck in.

Below is a list of registered charities that are contributing to the relief efforts. This is not exhaustive, and if you know of any charities doing their bit, please let us know and we will add them to the list.

Thank you for the work you are doing, from Charities Services, and the people you are helping.

- Red Cross have been delivering supplies such as food, water and toilet paper, and providing psychosocial support
- Marlborough Search and Rescue have been helping to rescue people from buildings
- The Canterbury West Coast Air Rescue Trust has been helping with air rescue and transport of goods to the affected areas
- <u>Takahanga Marae (Ngai Tahu Charitable Trust)</u> set up a welfare centre and have delivered over 6000 meals
- Mental Health Foundation of New Zealand are encouraging people who have been traumatised to get in touch
- Save the Children have opened a child friendly place for those disrupted by school closures
- <u>The SPCA</u> have been assisting with the evacuation of, and care animals in Kaikoura and distributing pet food for those that need it
- Otautahi Maori Wardens have been visiting people door-to-door to check that they are safe
- <u>The North Canterbury Rural Support Trust</u> is providing support for rural communities through physical assistance and emotional support while people get their businesses back up and running
- New Zealand Emergency Services Solutions has set up a fundraising page to raise money for the NZ Emergency Services and the Red Cross
- <u>Barnardos New Zealand</u> has set up a fundraising page to help their Early Learning Centre staff in Kaikoura
- <u>Innovative Waste Kaikoura</u> are working to deal with extra amounts of waste caused by the earthquakes and continue with their achievement of 75% diversion from landfill
- <u>Victim Support</u> are providing support for those affected by the earthquakes and will help people to settle back into normal life

## Canterbury plight highlights role of financial reserves

Press release Latitude Group 6 Dec 2016

The Canterbury West Coast Air Rescue Trust is usually putting away extra money at this time of year to get through the holiday season – the busiest time of year for rescues. But, that critical savings period has been upended by the Kaikoura quake and the cost of extra flights to help locals amounting to hundreds of thousands of dollars, depleting the charity's financial reserves and leaving them in a precarious position.

The Trust has a long-term goal of building financial reserves, a journey that is challenging given its mission numbers and costs are increasing year on year and fundraising targets in line with that. This comes along with the added pressure of building reserves in a very competitive funding environment.

An incident like the 7.8 earthquake adds a whole new dimension of financial pressure and the Trust has appealed to its community for support, with the goal to raise \$300,000 by 22nd December to ensure it can deliver this life saving service.

The Trust's experience is pertinent to all charities, an example of why building sufficient financial reserves matters and how difficult it can be to do so. And critically, funders and donors want to see that a charity

has enough money set aside to be financially robust whilst not sitting on unspent cash without good reason

A recent BDO survey of not-for-profit sector knowledge and views on financial reserves, showed that many struggle with building adequate reserves; a critical thing to get right given the different forces at play in the current market: low interest rates, highly competitive funding, financial reporting regulations – not to mention an increased risk of earthquakes.

This all highlights the critical need for robust financial reserves policy and planning – not only for the reasons outlined but because a financial reserves policy provides wider benefits as a framework for internal decision-making and externally, as a point of reference to support funding applications and donor appeals.

Perhaps the most compelling piece of advice for charities beyond the technicalities of financial reserves planning and management, is convincing their funders that they have got it right. That means learning how to tell a convincing, transparent story about the work their organisation does to their funders, donors, and other stakeholders - linking financial data with the non-financial measures to tell that story.

 $\textbf{Full article}: \underline{\text{http://www.scoop.co.nz/stories/BU1612/S00226/charity-plight-highlights-role-of-financial-reserves.htm}$ 

## **Christchurch City Health & Wellbeing**

Source: Canterbury Health in All Policies newsletter December

Community and Public Health helps to provide an 'Evidence base' to make it easy to find succinct information on key public health issues. The topics for The Christchurch City Health Profile Issue Papers were prepared to support the findings of the <u>Christchurch City Health and Wellbeing Profile</u>. The Profile's community consultation process highlighted the need for information on the topics that were important for creating healthy people and communities. These issues were analysed and over 40 individual papers were developed and published in 2012.

The purpose of Issue Papers is to provide background information on each issue, along with recent data and Evidence-based solutions with a particular focus on Equity. The papers are intended as a starting point for people, enabling them to learn something about these issues. Links to more detailed information are provided for those who require more in-depth material. They are easily accessed and easily understood by the community so they can be used for action, for submissions, for planning guidance, etc. Papers are grouped according to topic, in line with the <a href="Te Pae Mahutonga">Te Pae Mahutonga</a> Māori model of health promotion, respecting the Treaty basis of Community & Public Health's work.

The Health in All Profiles Team (HiAP) from Healthy Christchurch has been busy updating the issue papers, which can be found on the <u>Healthy Christchurch</u> website, everything from Access to Primary Health Care to Work/Life Balance and all things in between are covered. Work is ongoing to update papers on a regular basis so check the website often. New posts are available on the <u>Healthy Christchurch Facebook</u> Page.

## **Multicultural NZ and Newcomers Network join forces**

Sourced from scoop.co.nz

Multicultural NZ (Federation of Multicultural Councils Inc.) and the New Zealand Newcomers Network are to join forces, creating New Zealand's largest and most far reaching national body concerned with the social and cultural welfare of migrants and newcomers.

Multicultural NZ (Federation of Multicultural Councils Inc.) is a national organisation with 19 constituent regional multicultural councils throughout New Zealand and national councils for women, youth, seniors and business. They offer a national collective voice for ethnic, migrant and refugee communities and provide advice to government and civil society on multicultural policy and practice. They work in partnership with other national organisations and foster collaboration to promote cultural diversity and deliver a range of programmes including multicultural education and training, multicultural sports, settlement support programmes, youth activities and community capacity building.

Multicultural New Zealand has a record of 27 years' successful service to the community.

New Zealand Newcomers Network is a national organisation providing a web platform and support services to over 30 regional Newcomers Networks all over New Zealand, for the provision of informal social activities and events for migrants and newcomers to and within New Zealand. This service has been in existence for 10 years.

http://www.scoop.co.nz/stories/PO1612/S00051/multicultural-nz-and-newcomers-network-join-forces.htm

## Child Poverty Monitor 2016: Targets and a plan overdue

(Abridged) sourced from scoop.co.nz

Setting targets and creating plan to reduce the number of children in poverty is well overdue and vital if we want to prevent entrenching a third generation of children in poverty, says Children's Commissioner Judge Beecroft following the recent release of the Child Poverty Monitor.

"We are past distracting debates about whether there should be measurements and targets for reducing child poverty. There is a suite of government measurements which are not impossibly complex. These measurements create a clear and distressing picture of child poverty – as set out in our Monitor. Creating targets should not be beyond a modern, prosperous country such as New Zealand, "Judge Beecroft says.

The Monitor is now in its fourth year of tracking various measures of child poverty and reporting on the impacts of poverty on children's health, education and housing. It is a joint project by the Children's Commissioner, J R McKenzie Trust and Otago University's NZ Child and Youth Epidemiology Service (NZCY-ES). The Monitor uses various government data sources, including the Ministry of Social Development's Household Incomes in New Zealand report.

Key data from the 2016 Monitor:

- 14% of children are living in material hardship. That means 155,000 New Zealand children are in households that are living without 7 or more items, from a list of 17, which are considered necessary for their wellbeing.
- 8% (or 85,000) of New Zealand children are experiencing even worse material hardship with house-holds missing out on 9 or more items from the list of 17. This is a new measure for the Child Poverty Monitor following its introduction to government reporting last year.
- 28% of children are living in low income homes. That means 295,000 New Zealand children are in homes where money is tight and are considered to be in income poverty.
- More than 8% of children are in severe poverty. That means 90,000 New Zealand children are experiencing both material hardship and living in a low income household.
- While child poverty has been reasonably stable for a number of years, it is significantly worse than the 1980s. In 1982 the percentage of children in families experiencing income poverty was 14% compared to 28% now.

"I want to emphasis this is not a recent problem – it goes back several decades and rates of child poverty have not improved. I don't want to criticise or lay blame. My simple plea is for the Government urgently to provide a plan to tackle child poverty in New Zealand."

Note: You can access the Child Poverty Monitor and the Child Poverty Monitor:2016 Technical Report at <a href="https://www.childpoverty.co.nz">www.childpoverty.co.nz</a> Twitter: @poverty monitor Facebook: Child Poverty Monitor

Full article is at: http://www.scoop.co.nz/stories/PO1612/S00162/child-poverty-monitor-2016-targets-and-a-plan-are-overdue.htm

## Helping you grow in your mahi

As we start another year's work in our communities and organisations, many of us are planning the year ahead and looking at our developmental needs. One valuable process is supervision.

Supervision is a process where the worker meets regularly with a supervisor who is able to support them to find solutions to problems, to be accountable, and to develop their skills, abilities and analysis. Supervision can be 'in-house' but many workers have supervision that is external, or independent of their workplace. It is **not** what is often called 'line supervision', which is when the immediate senior to a worker oversees their day to day work.

Instead, it's a valuable opportunity to debrief, reflect, and explore possibilities for how to work. Good supervision promotes competent, accountable and empowered practice. Ideally all agencies should provide access to supervision as part of their commitment to their workers (both paid and voluntary).

There are many things to take account of in a supervision relationship, and it's important to find a good 'fit' between supervisor and supervisee. As well as both participants feeling safe and comfortable with each other, a supervisee may have different supervision needs depending on the nature of their work. For instance, somebody working with vulnerable clients will face different issues to somebody managing an under-resourced agency. Expectations and needs should be explored and negotiated at the beginning of a supervision relationship. Finding the right supervisor for your needs can be a challenge.

The on-line resource <a href="www.supervisioninfo.org.nz">www.supervisioninfo.org.nz</a> was developed specifically to help people in the non-profit sector to find appropriate supervision. It has lots of information about supervision, sample agreements and other resources, and a searchable database of people offering supervision in the greater Christchurch area.

Working in the non-profit sector is incredibly rewarding, but it also brings many challenges. Make sure you and your agency's workers have the support you need and deserve by receiving regular supervision.

This article is based on the information in the 'resources' section of www.supervisioninfo.org.nz

#### HAVE YOUR SAY

SEWN alerts readers to consultation processes or lobbying initiatives that we think are of particular relevance to the social services sector or to non-profit organisations. However you can keep an eye out for issues of importance to you or your organisation by regularly visiting the following websites:

#### **Christchurch City Council consultations:**

http://www.ccc.govt.nz/the-council/have-your-say/whats-happening-now/consultations/

#### Central government consultations:

http://www.parliament.nz/en-nz/pb/sc/business-summary/00DBHOH\_BSC\_SCALL\_1/bills-before-select-committees

Action Station is a great NGO and website to see what submissions are open and how to quickly submit an email or sign a petition on a current issue.

http://www.actionstation.org.nz/campaigns or https://www.facebook.com/ActionStationNZ

## NON-PROFIT SECTOR NEWS & NOTICES

#### **Supervision Directory**

Do you provide supervision? To submit your details for a listing in this directory go to: supervis@supervisioninfo.org.nz

For further information email admin@sewn.org.nz

#### **Plunket News**

In an historic vote at its National AGM 29 Nov 2016, Plunket agreed that the best way to achieve its vision of 'In the first 1000 days, we make the difference of a lifetime' is to move away from its current Area Society structure and transition into a single, cohesive national charitable Trust. This organisation will make it easier for Plunket to deliver fairer outcomes for its families and children with a focus on areas that need it most.

While Plunket delivers the Well Child service in most parts of the country through the Ministry of Health contract, other services are not being universally provided because of a lack of local volunteers and fundraising.

The National Board will continue to work with the Area Boards and local Plunket groups through the transition.

## Join Child Poverty Action Group (CPAG)

And help give a stronger voice to children.

If you've been thinking of how to support Child Poverty Action Group and the work we do, consider becoming a CPAG member today.

CPAG is accountable to our members who make sure we meet our objectives as an organisation. A strong and supportive membership base gives an even stronger voice to CPAG when challenging the current government policies and the outcomes these polices have on children and families, which is why each and every member is such a valuable part of our organisation.

Not sure if you're a current member? Email <u>ad-min@cpag.org.nz</u> to find out. As a member you can also be part of our annual AGM and have the opportunity to get involved with our ongoing events, research and campaign activities.

**Pegasus Health** has moved a block to 410 Madras St. When visiting drive down Madras and just before Bealey Ave turn into Dollans Lane. Limited parking. Phone numbers and postal address have not changed.

**The Women's Centre** has moved to Unit 3, 242 Ferry Rd, Waltham, opposite the famous "Bronski's Dairy". The premises are ground floor and well sign posted. The new premises are very easily accessible via buses:

#### Bus routes to 242 Ferry Rd:

140: Russley – Mt Pleasant Purple Line: Airport – Sumner

Orbiter: intersects both, 140 and purple line

## From bus interchange to 242 Ferry Rd: Option 1:

- -Catch the Purple line going to Sumner
- -Get off on Ferry Rd near Phillipstown Courts
- -Walk back about 100m to reach the Women's Centre **Option 2**:
- -Catch number 80 Lincoln/Parklands going to Parklands-Get off on Tuam St near Nursery Rd
- -Walk about 10 minutes down Nursery Rd to Ferry Rd

If you have any questions, please contact us. Postal address and phone numbers stay the same: PO Box 13054, Armagh, Christchurch, 8141

Ph.: 371 7414 or 022 105 5308

### RESOURCES FOR YOU, YOUR COMMUNITY OR YOUR CLIENTS

#### **Consumer Rights Day**

The Consumer Protection team at MBIE is hosting a Consumer Rights Day in Christchurch on Tuesday 21 March 2017. This day is **free to attend** and involves speakers from organisations that deal with consumer complaints, such as with:

- · a bank or finance company
- · an insurance company
- a power (electricity and gas) company
- a telephone, internet or mobile telephone company
- · managing finances and debt.

#### WHY SHOULD I ATTEND?

- to get information to help you (or your clients, family, friends or work colleagues) on what consumers' rights are when services go wrong, along with who to contact
- to hear directly from people who deal with complaints, and with examples or case studies of complaints they have dealt with
- to speak to presenters / their staff if you, or someone you know, has a particular problem you would like to discuss
- to pick up any pamphlets, brochures or other material that speakers bring, or be shown information on their organisation's website.

Further information, including the venue and how to register will be sent out in February. In the meantime if you have any questions about this day please contact Douglas Pink, Advisor-Information and Education, Consumer Protection, Ministry of Business, Innovation and Employment. Ph (04) 901 1601, email <a href="Douglas.Pink@mbie.govt.nz">Douglas.Pink@mbie.govt.nz</a>

#### **Eco Design Advice**

Christchurch City Council now have an Eco Design Adviser to provide free, independent, no obligation, expert advice on sustainable design to people designing, building or extensively renovating residential dwellings. Their role also includes educating members of the building industry about sustainable design.

Eco Design Advisors are advocates for creating healthier buildings, improving energy, water and mate-

rial use, minimising waste, and reducing environmental damage from building projects.

To talk with an Eco Design Advisor, call (03) 941 8999 or email eco-advisor@ccc.govt.nz. You can also book a free 2 hour consultation by clicking on the following link: <a href="http://ccc.govt.nz/environment/sustainability/build-back-smarter/eco-design-advice/">http://ccc.govt.nz/environment/sustainability/build-back-smarter/eco-design-advice/</a>

## Safety in Emergencies for people with disabilities.

Civil Defence has prepared key earthquake safety tips and tips on how to prepare for emergencies for people with disabilities and other access or functional needs. We'd encourage community organisations to make sure any of your clients, members, or people you work with to have a copy of these.

#### Find them at

http://www.civildefence.govt.nz/assets/Uploads/Shake out2015/Advice-for-people-with-disabilities.pdf

There's more information at <a href="www.getthru.govt.nz">www.getthru.govt.nz</a>, and their 'downloads' page has links to resources for the blind and partially sighted, and deaf and hearing impaired.

The WAVES Programme is an 8 week grief education programme that aims to support adults bereaved by suicide in their understanding and management of grief and development of resilience.

The aims of the Programme are:

- Reduce the risk of negative outcomes
- Reduce the length of bereavement time
- Shorten the recovery period
- Help people make sense of suicide
- Move from loss to managing or adapting to loss
- Develop new perspective on life events
- Reduce the risk of future suicide in the bereaved
- Promote positive functioning

The WAVES programme is designed by Skylight (<a href="www.skylight.org.nz">www.skylight.org.nz</a>) and has been developed by Chris Bowden, a lecturer and suicide researcher at Victoria University in Wellington and Caroline Cole, a

senior counsellor at Skylight. (Evidenced based with ongoing pre and post outcome evaluations).

The programme is structured evidence based and supports a strengths / empowerment model. All participants have a pre-interview and there are clear guidelines around readiness to participate in a Programme and managing risk. All facilitators are trained by Skylight who has ongoing support to the regional Programmes.

This Christchurch WAVES programme has been going for 4+ years with the ongoing oversight of Skylight which 2 facilitators and the peer support worker.

We will have at least one group running for each term. We are looking at incorporating a day group possibly in term 2.

The key contact is Jamie Ussher (WAVES coordinator at SFMI- Supporting Families in Mental Illness Canterbury) contact (03) 595 2683 or 0800 87 66 82 or email waves.sfpb@xtra.co.nz

**MHAPS – RecoveryWorks** is a highly effective change programme that can assist anyone aged 18 or over, living in Canterbury who is experiencing moderate to high levels of anxiety to:

- Develop a sound understanding of why they have anxiety.
- Significantly reduce their levels of anxiety.
- Acquire effective tools and techniques to manage anxiety.
- Greatly improve their general wellbeing, including self-confidence.

The RecoveryWorks programme includes 10 consecutive weeks of workshops, each lasting 4 hours plus four individual coaching sessions. Contact Ian at MHAPS for more details or to express your interest (03 377 9665 or <a href="mailto:lex-manager@mhaps.org.nz">lex-manager@mhaps.org.nz</a>). Next programme begins Wed 1st February 2017.

The Canterbury Dyspraxia Support Group We have a number of groups for people with Developmental Dyspraxia:

 New group for young adults: In 2017 we will be starting a group for those, over 18. This will be a social group aimed at bringing our community together.

We have 3 fun groups aimed at different age groups which we run on Saturday afternoons at Merrin School hall during term time.

- Funlink 5-10 yrs.
- Funtween 10-13yrs
- Funteen 13-18yrs.

The groups participate in a programme put together and delivered by our team of enthusiastic supervisors.

If you have a child or teen or know a child or teen with DCD/Dyspraxia that would like to come and see if the

group is for them please contact Sue in the National Office ph.: 358 3249 or dyspraxia.centre@xtra.co.nz

#### Women's Centre Courses in 2017

**Looking after YOU!** Learning Mindfulness and Practicing Relaxation This is a group for women interested in developing mindfulness and relaxation skills Day: Tuesday (5 sessions) Date: 14th Mar – 11th Apr

Day. Tuesday (5 sessions) Date. 14th Mai –

Time: 10.00 am - 12.00 pm

Maximum number: 8 participants Cost: Gold Coin

#### **Parenting Children with Worries**

This group is for women interested in developing their understanding of childhood anxiety

Day: Thursday (5 sessions) Date: 2nd- 30th March

Time: 7.00 pm – 8.30 pm

Maximum number: 8 participants Cost: Gold Coin Stream 2

Day: Friday (5 sessions) Date: 3rd–31st March Time: 10.00 am – 11.30 am

Maximum number: 8 participants Cost: Gold Coin Do-

nation

Towanda! Dealing with Anxiety and Developing Self-Confidence This is a group session for women interested in developing their sense of self-confidence, along with strategies to manage low level anxiety. Day: Thursday (5 sessions) Date: 2nd Mar – 6th Apr

Time: 1.00 pm – 2.30 pm

**Living Economies Expo** 31 March-2 April 2017 at Lyttelton.

Living Economies have teamed up with 6 partner organisations to run an expo that challenges the global scarcity economic model of thinking about assets and resources, towards the asset based approach – in order to effect systemic change.

Organisations are encouraged to sign up to the newsletter, offer assistance to the organisers, and promote the event: HERE

To find out more: <a href="http://www.le.org.nz/">http://www.le.org.nz/</a>

**Psychodrama Workshop** with Ali Watersong and Craig Whisker.

The workshop uses the psychodrama method to promote and expand creativity and spontaneity in all aspects of life, including personal, global and spiritual issues. During the workshop you can expect to enhance or regenerate life by developing new responses in your relationship with yourself, your family, friends, workplace or community.

**When:** 24-26 March 2017. The workshop begins at 7.00 p.m. on Friday 24th March and concludes by 4.00 p.m. on Sunday 26th March.

**Where:** Castle Hill Outdoor Centre, It is approximately one and a half hours of travel by road from Christ-church on State Highway 73.

**Cost:** \$395 - \$495 incl. GST (includes workshop, accommodation and meals)

**Enquiries to:** Ali ph 03 328 7105 / 027 276 5992 email <a href="mailto:watersong@slingshot.co.nz">watersong@slingshot.co.nz</a>, or contact Craig ph 021 213 9921 email: <a href="mailto:craigwhisker1161@gmail.com">craigwhisker1161@gmail.com</a>

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**Access4all** is an accommodation and activity guide intended for use by anyone with mild to major mobility difficulties, and an undiminished desire to travel. It has listings of motels, apartments, holiday parks and activities in most of the major NZ destinations. More are being added all the time. Every property listed includes an option of 1 or 2 bedroom accommodation for travellers with family members and/or caregivers.

It is a graphic guide - its aim above all is to give impaired mobility vacationers confidence by showing what need to know places (especially bathrooms, entrance areas, bedrooms, and surroundings) and activities are like. When people using the guide find what suits, bookings can be made directly from the site.

Have a look... <a href="https://www.access4all.co.nz">www.access4all.co.nz</a> If you have questions or comments contact Richard phone (09) 479 7702 or 021 230 3500

Kicking Off 2017 with Speak Up Korerotia -

Radio Show on Plains FM 96.9, hosted by Sally Carlton, Human Rights Commission. Audio versions available on Sound Cloud include:

https://soundcloud.com/speakupkorerotia/organharvesting with David Kilgour, Robin Palmer and Jaya Mangalam Gibson https://soundcloud.com/speakupkorerotia/access-to-bathrooms
Researchers and activists Anne Nicholson,
Olivia Clarke, Brian Poole and Lisel O'Dwyer discuss
the importance of being able to access appropriate
bathrooms, particularly for transgender people, workers on limited toilet breaks, and people with bowel
conditions.

https://soundcloud.com/speakupkorerotia/youthengagement-in-elections Great discussion with the Christchurch Youth Council and Youth Voice Canterbury on poor voter turnout in NZ local elections versus high levels of youth engagement in the US Presidential elections

Migrant support to attain a learner licence

Classes will be held each Wednesday 6.30-8.30pm at Hagley Community College (Room HL4) and Saturdays 4pm-6pm at Christchurch Community House, 301 Tuam Street. Run by Canterbury Business Association.Call Taz to inquire and book: 03 379 4222 or text on 027 273 8815.

**Show Your Ability 2017** is aiming to get more disabled people and whanau to attend their disability equipment expo, so that people can be fully informed of the support options that are available in New Zealand.

When: 9am – 2pm, 20<sup>th</sup> February 2017 Where: Pioneer Stadium, Christchurch

www.showyourability.co.nz

### RESOURCES FOR YOUR ORGANISATION OR GROUP

**HPA Southern Region** (South Island) Alcohol Network Update information is emailed out on an *adhoc* basis covering relevant alcohol-related events, new resources and evidence. If you want to receive these updates contact Stuart Dodd.

The August update included:

- Taking Action on Foetal Alcohol Spectrum Disorder: 2016–2019: Action plan:
   http://www.health.govt.nz/publication/taking-action-fetal-alcohol-spectrum-disorder-2016-2019-action-plan
- No amount of alcohol during pregnancy is safe. Research has found that alcohol use during pregnancy may increase the risk of miscarriage, still-birth, pre-term delivery, and sudden infant death syndrome. <a href="https://www.mentalhelp.net/aware/pregnancy-addiction/#alcohol">www.mentalhelp.net/aware/pregnancy-addiction/#alcohol</a>
- No Safe Limit has compiled a series of resources to help parents understand the effects of alcohol on teens, as well as helpful strategies and advice to help keep their teens safe.

This is a fantastic resource for young people, parents, and schools: www.nosafelimit.co.nz

Health Promotion Agency (HPA) supports a wide range of community action on alcohol projects with funding, advice and resources. Resources include print resources and online information that can be found on HPA's alcohol website – <a href="mailto:alcohol.org.nz">alcohol.org.nz</a>. HPA's Region Managers can provide advice and support with community-led initiatives and also that funding grants are available to support community action that aligns with HPA's strategic priorities for alcohol harm reduction – if you like to enquire about the grant scheme then contact: <a href="mailto:s.Dodd@hpa.org.nz">S.Dodd@hpa.org.nz</a> 03 963 0219

Www hpa.org.nz

### **Volunteering Canterbury 2017 events:**

#### ARA

Ara's Bachelor of Social Work programme is planning an Expo on 16 February (1-3pm) where social service agencies can display and talk about the various ways they engage volunteers. A key learning for the first year for these students is a volunteer experience organised by students themselves with a social service agency. Contact Kath Harrison at Ara on (03) 940 8377 for more details about this Expo.

#### **Student Expo**

Watch for details coming soon for our second Student Expo which is once again being supported by the Careers Department at the University of Canterbury. Current planning is for this to tie in with Student Volunteer Week (1-7 May 2017).

#### What makes a great Non Profit?

- What does it mean to be a great nonprofit?
- How do great non-profits compare to good non-profits?
- And how do we get there?

Kate Frykberg of Think Tank Consulting was asked to explore this topic at <u>Tonic Conference</u> for non-profits, held in Tauranga, and put on by <u>Exult</u>.

Here are six questions which, in Kate's opinion, are useful to explore on our path from good to great.

- 1. Do we use our vision as a touchstone for decision making?
- 2. Do our board and team reflect our community?
- 3. Do we put our community first? (Even, if necessary, ahead of our own survival?)
- 4. Can we articulate why we do what we do?
- 5. Are we a learning organisation?
- 6. Do we have robust relationships within our organisation and with our stakeholders?

There's more detail in the full presentation at: http://www.slideshare.net/Katefnz/what-makes-a-goodorganisation-great-69083848

#### **New Reporting Standards:**

Charities Services recently held a webinar on the new financial reporting requirements for small charities. A recording of the webinar is available at <a href="https://www.youtube.com/watch?v=d-y1vKaPXpE&feature=youtube">https://www.youtube.com/watch?v=d-y1vKaPXpE&feature=youtube</a>

A template has been produced by the Southland Community Law Centre and updated to include the

Contact officer and mediation/arbitration requirements of the new Act. This is a combined trust/society template so take out what doesn't apply to your organisation.

http://communitynetworksaotearoa.org.nz/resources/

The good news is that all changes will have a lengthy "Transition" period of at least two years. This will enable all incorporated societies to take time to revise their constitutions and ensure that they comply with the requirements of the new Act and Regulations once they are passed and put into place.

Office Space Available the Quaker Centre at 213 - 217 Ferry Rd has some upstairs office space that it would like to let to a non-profit organisation.

The 60 sq. m space is in 3 rooms plus a kitchen and toilet. Please note there is no disability access. Rental is approx. \$190 - \$200 per sq. m. There are also two accessible meeting rooms downstairs that the tenant would be able to hire for meetings, training, etc. subject to availability.

For further details or to arrange a viewing, please contact Rosemary Tredgold, <a href="mailto:rvctredgold@gmail.com">rvctredgold@gmail.com</a> or phone 325 5770.

## **GROUP FACILITATION**

Looking for a Facilitator for your hui/meeting or workshop?

Cathy Sweet 027 256 8908 csweet@xtra.co.nz

Experience:
Tutor, Professional Supervisor
Post Grad Diploma in
Communication Skills.

Facilitation Fee:
\$100 hr which includes a meeting
to clarify roles and structure
before the event

#### **Maori Housing Conference report**

More than 300 people attended the recent National Maori Housing Conference, hosted by Tauranga Moana. Addressing the theme of 'Collaboration and Strategic Relationships', all speaker presentations, video footage and the strategic report can be found on the website <a href="https://www.maorihousingconference.nz">www.maorihousingconference.nz</a>

**Car Boot Sales** Quaker Centre 217 Ferry Rd Christchurch (corner Nursery Rd) 9.30 to 12.20pm Saturdays \$15 per space, weather permitting. Dates: **Feb** 4, 11, 18, 25

The Mental Health Education and Resource Centre (MHERC) have a modern well-equipped meeting room available for hire to community organisations and businesses at 116 Marshland Road in Shirley.

There is seating for up to 30 people around trestle tables, or 50 people in theatre-style seating. The room is also equipped with a data projector, printable whiteboards and webinar equipment. Tea and coffee making facilities are available in the room.

The MHERC premises are disability-friendly, and there is ample parking nearby. The room also has its own heat pump to control the temperature.

Contact MHERC for rates and availability on phone

(03) 365 5344 or email: admin@mherc.org.nz)

The meeting room is also available after hours for meetings and workshops.

List of Ministerial Responsibilities 20 Dec 2016

If you need to speak to a government minister about policy or issues or invite them to speak to your group or a forum, find out who you need to speak to. This list is now available via our SEWN website: go to <a href="https://www.sewn.org.nz">www.sewn.org.nz</a> and you'll find it under the heading Hot Topics or use the following link: <a href="https://ccoss.org.nz/?page\_id=750">https://ccoss.org.nz/?page\_id=750</a>

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#### **EQ Recovery Learning**

Nationally and internationally there is a gap in knowledge, practical tools and capacity to recover from disasters. This online resource is an opportunity for us to share relevant insights and experiences that will equip leaders and communities involved in disaster and recovery challenges. SEWN was one of the many organisations that contributed to the online resource. Read or view the diverse stories and find out how to contribute at: <a href="https://www.egrecoverylearning.org">www.egrecoverylearning.org</a>

**Exult Sustainable Funding Workshop** is available on DVD. That means you and your team can attend the workshop together at your own place, in your own time. Set aside a professional development day and go through the whole DVD at once, or work through it in bite-sized pieces, concentrating on one aspect at a time. Get loads of practical ideas for raising more funds more often and develop real action steps for increasing your fundraising revenue.

**Cost:** \$95 + \$6.50 p&p (incl GST)

**Order:** Email <a href="mailto:rosie@exult.co.nz">rosie@exult.co.nz</a> or to order online <a href="http://www.exult.co.nz/index.php/sustainable-funding-tundi

on-dvd/

**Grey Matter** is the Ministry of Health Library's Grey Literature Bulletin. In each issue, they provide access to a selection of the most recent NGO, Think Tank, and International Government reports that are relevant to the health context. The goal of this newsletter is to facilitate access to material that may be more difficult to locate (in contrast to journal articles and the news media). Information is arranged by topic, allowing readers to quickly hone in on their key areas of interest. **Email** <a href="mailto:library@moh.govt.nz">library@moh.govt.nz</a> to subscribe.

**Healthy Events and Fundraisers** – A guide for school and community event organisers developed by Community and Public Health and gives information, sample policies, tips and real life examples for running healthy events, fundraising and school canteens.

The booklets are free to order by clicking on the link: <a href="https://www.cph.co.nz/resources/healthy-events-and-fundraisers">www.cph.co.nz/resources/healthy-events-and-fundraisers</a> please spread the word and share widely. If we all create a healthy environment and all role model healthy eating and drinking, it will be easier for children, parents / whanau to make healthy choices.

The Pharmacy @ Your Community is a family health initiative designed by the Pharmacy @ Group in Canterbury. The aim of this initiative is to increase access to health information to people in order to help reduce sickness in our communities and improve the general health and well-being of Cantabrians. All sessions are run by registered pharmacists from the Pharmacy @ Group. The program is charitable by nature and involves no cost to the community group.

There are two formats for this program which may suit your community group.

A. A pharmacist coming to speak to your group about a specific health topic. In any of these health conditions pharmacists are able to discuss what medications are available, how pharmacists can help and what other services are available in Canterbury that can help. Topics include:

- Asthma
- Eczema and Allergies
- COPD
- Common Child Health Conditions
- Smoking Cessation
- Heart Health
- Diabetes
- Mental Health
- Sexual Health
- Diet, exercise and sleep
- Gout

B. A health station set up at your community group or as part of a fair/expo you are arranging. Services can include: Blood pressure/glucose checks, BMI checks, stop smoking advice, free samples and health advice. Please contact me if you would like to take up the offer of this health initiative: **Robyn Harris** - Pharmacist The Pharmacy @ Opawa122 Opawa Rd, Christchurch 8023. C: 021 2223320, 03 3323151 E: thepharmacyopawa@gmail.com

**180 Degrees Consulting** have capacity to work with not for profits in the coming year. They link teams of students from UC with not for profits. The students are mentored by PWC and other professionals. They want to hear from organisations in the next few weeks and months with a view to confirming semester 1 projects (6 in total), by the end of January 2017. They will

start projects early March and will complete these by late May.

They can provide services around marketing, statistic modelling, business system analysis, business development analysis, validation research and much more. The nature of what they provide is only limited by the types of students that work on a project. Feedback from organisations who took up this opportunity last year was positive.

If you have a piece of work that you think might benefit from external support get in touch with Christopher Butlin **Project Director**, 180 Degrees Consulting. E: <a href="mailto:projectdirector\_UC@180dc.org">projectdirector\_UC@180dc.org</a> m: 022 080 7872 w: <a href="www.180dc.org/branch/canterbury">www.180dc.org/branch/canterbury</a>

One Voice Te Reo Kotahi advocates for the value of third sector organisations (TSOs), promotes a Tiritibased multicultural future, and creates communication conduits for third sector voices to be heard in the central, local and regional government earthquake regeneration phase. Keep up to date with their initiatives and find out how you can participate at <a href="http://onevoicetereokotahi.blogspot.co.nz/">http://onevoicetereokotahi.blogspot.co.nz/</a>

#### Four Catapult Community Leaders Scholarships available for 2017. Applications open Feb 2017

Catapult's purpose is to unleash brilliance in people, organisations and communities. Our vision is to lift the prosperity and wellbeing of all New Zealanders by creating a big leap in leadership capability and confidence. Operating from our purpose and vision we created four Catapult Community Leaders Scholarships for community leaders to attend *Catapult Leadership* held quarterly in Martinborough.

Applicants for the Catapult Community Leaders Scholarship had to meet the following criteria:

- Demonstrated passion and commitment to creating positive social change
- 2. Grit, courage, and perseverance
- A minimum of four years' work experience including some leadership and management experience
- 4. Currently working for a not-for-profit organisation in a role with significant scope to influence social change

Apply at <a href="http://www.catapult.co.nz/leadership-development/catapult-leadership-programme/social-change-leadership-scholarships/">http://www.catapult.co.nz/leadership-development/catapult-leadership-programme/social-change-leadership-scholarships/</a>

#### FORUMS / EVENTS / TRAINING / DEVELOPMENT

#### **Community Exercise Foundation Course**

Active Canterbury is seeking expressions of interest from community organisations and people in the community who are interested in attending a foundation exercise course in April-May 2017. Two Saturday workshops of 6 hours, cost \$50. To read more go to:

https://gallery.mailchimp.com/77fab764104b664aa2707d 4ec/files/Community Exercise Foundation Course Expr ession\_of\_Interest.pdf

#### Not-For-Profit Education at Hagley in 2017

Enrolments are now open for Hagley's 2017 'After 3' programme. These are full-year evening classes running during term time for a one-off enrolment fee of \$60 – no other costs.

CCA's Harald Breiding-Buss will be running the Not-forprofit Administration and Management course again on Tuesday nights, covering a range of issues such as the legal environment, governance, financial matters, employment, strategy and much more.

In addition, Harald is running a bookkeeping and accounting course at Hagley for NFPs as well as small businesses.

#### For more info:

http://commaccounting.co.nz/training/accounting-basics-at-hagley/

#### **Compass Seminars with Dr David Ziegler**

Difficult children can be hard to understand and even harder to work with. The effects of trauma from abuse, neglect, violence or other major life events can cause significant disruptions to their psychological, neurological, and emotional development.

In this seminar, Dave will outline a collection of practical intervention strategies that over time have proven to be most effective at positively changing the lives of these children. This training is for everyone from beginner to expert. Complex subjects will be addressed with easy to understand descriptions and illustrated with practical applications that participants will be able to incorporate immediately into their practice.

Dates: Monday 13th February 2017

Times: 9am to 3.30pm. Morning, afternoon tea and lunch

are provided.

Location: Chateau on the Park 189 Deans Ave Christ-

church Cost: \$245 per person.

Register at: www.compass.ac.nz or ph 06 759 1647

#### **Christchurch Housing Forum**

Oxford Tce Baptist Church Hall on the corner of Oxford Tce & Madras Street, Christchurch.

**Date**: Wed 15<sup>th</sup> February 2017 **Time**: 12.30pm to 2pm. Inquiries to Tenants Protection Assn, ph 379 2297.

International Community Development Confer-

**ence 2017** - In 2015 member states of the UN adopted Agenda 2030, including the 17 Goals for Sustainable Development, bringing together goals for social environmental and economic aspiration within a sustainability model. Delivery is to be effected by collaborations between state, private sector and civil society.

The conference will address the challenge of Agenda 2030 to Community Development practitioners, agencies and academics.

**Call for papers** are open: There are a number of ways to do this including Oral presentations, Practice workshops, and Poster presentations and in the Conference Film Festival.

When: 15 -17 February 2017. 9am-4.30pm

Where: Auckland

Registrations are open! Early Bird Discount \$410 - Full

Price \$455

Member of a Charity or NGO: Early Bird Discount \$340 -

Full price \$380

Student: Early Bird Discount \$170 - full price \$190 Early bird discount for registrations before 30th Novem-

ber.

http://www.aotearoacommunitydevelopmentassociation.com/2017-cd-conference

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**Community Law Canterbury.** Workshops for managers or volunteer Board members of a Christchurch non-profit:

**Health and Safety Laws** *Recommended for Board members and managers* 

The "new" health and safety rules came into force last year. They affect all community groups who have one or more paid staff. This workshop will be of particular interest to managers - many of whom face the risk of personal liability for breaches of health and safety.

This 90 minute workshop will cover:

- the new rules and how they will affect your group
- a look at the liability issues that could arise for your group and for your manager
- the six key duties you have and recommendations to help you meet the new laws

Date: Tues 21 February Time: 10.00 - 11.30 a.m.

Location: Christchurch - venue details on registration

Cost: \$20

**Privacy** Recommended for managers and volunteer coordinators of Christchurch non-profits

This workshop looks at how the proposed new incorporated society's laws will affect your privacy obligations. *Please note:* this workshop will not cover the Health Information Privacy.

This 90 minute workshop will cover:

 membership, client and HR records-privacy rules about collecting, storing, sharing and disposal of personal information  what to do if your group inadvertently breaches the privacy of a client or member

Date: Tuesday 21 March Time: 10.00 - 11.30 am

Location: Christchurch-venue details on registration

Cost: \$20

**Limited space**: These workshops usually fill quickly. To help make the training available to as many groups as possible, attendance is limited to two people from each group, and space is made available only to volunteer Board members and managers.

**How to register**: email <a href="mailto:susan@canlaw.org.nz">susan@canlaw.org.nz</a> with your name and your group's name. We'll then check available space before contacting you to confirm your registration. We'll send further details eg venue location at that stage.

#### **Volunteering Canterbury 2017 events:**

#### Workshops:

Wednesday 22 March, 9am - 1pm:

"Better Boards: Get the Governance your Not-for-Profit

Deserves" Tutor: Garth Nowland-Foreman

Venue: Christchurch Community House Meeting Room 2 Fee: \$90 for first attendee from VolCan member organisations; \$120 for first attendee from non-VolCan member organisations. (add \$30 for each extra attendee from your organisation and SAVE!)

RSVP: <u>outreach@volcan.org.nz</u> for registration form - or watch for it to be loaded on <u>www.volcan.org.nz</u>

#### Tuesday 9 May, 9-1pm:

"Toxic Environments and Difficult Conversations"

**Tutor: Chris Beardsley** 

Venue: Christchurch Community House Meeting Room 2 Fee: \$55 for first attendee from VolCan member organisations: \$85 for first attendee from non-VolCan member organisations (add \$25 for each extra attendee from your organisation and SAVE!)

RSVP: outreach@volcan.org.nz for registration form

#### **Volunteer Co-ordinators' Network Meetings:**

#### Thursday 9 February:

Legal Perspective: dealing with complaints by (or about)

volunteers

Susan Wallace, Community Law RSVP: <a href="mailto:outreach@volcan.org.nz">outreach@volcan.org.nz</a>

#### Thursday 16 March:

Volunteers through the generations: how are they different. Insights from the Student Volunteer Army Liyana Azul and Taylah Mawson

RSVP: outreach@volcan.org.nz

#### Wednesday 31 March:

Recognition (three organisations will share how they do 'recognition')

RSVP: outreach@volcan.org.nz

#### Thursday 20 April:

Project Management (three organisations will share their experience with organising larger events)

RSVP: outreach@volcan.org.nz

#### 2 Day DBT Workshop

16<sup>th</sup> & 17<sup>th</sup> March 2017

Nelson Yacht Club 322 Wakefield Quay Nelson 7010

"Treating Emptiness, Anhedonia, Relationship Chaos and Other Sticky Problems" with Professor Alan

Fruzzetti (currently Director of both the Training in Family Services and the Boys DBT Programs within Harvard Medical School's McLean Hospital)

In addition to his work with suicidal and self-harming adults and teens, Dr. Fruzzetti also has developed multiple applications of DBT for women victims of domestic violence, eating disorders, and for partners, parents and other family members of people with borderline personality and related problems.

Cost \$450 pp (GST Incl.) Lunch and snacks provided

Please check website: www.twm.org.nz to register

Tuition fees are transferable but non-refundable. However, if minimum numbers are not met, all monies will be reimbursed.

## International Coalition of Children of Incarcerated Parents - INCCIP Conference 2017

Hosted by Pillars in Auckland, New Zealand from 20th to 23rd March 2017.

The conference has a number of themes including research, advocacy, working with the children of prisoners and including the voices of families and children.

In terms of international involvement, the response has been remarkable. Already in place are 12 keynotes, 24 individual papers, 4 symposia and 13 workshops. <a href="http://xleco.com/page/5-inccip-conference/14-News/24-ABOUT THE CONFERENCE">http://xleco.com/page/5-inccip-conference/14-News/24-ABOUT THE CONFERENCE</a>

The Call for Papers for NZ organisations has been extended.

Registration \$550NZ. We are hoping to offer some assistance to some community people who cannot afford the rate.

Please email <u>liz.gordon@canterbury.ac.nz</u> for further information.

ACTIVATE Event in Auckland 5<sup>th</sup> & 6th April 2017 Activate is a team of specialists in community-led development. They use their experience to mentor, broker, train and connect communities to become even better places in which to live, work and invest. This 2 day event visits communities leading change across Auckland followed by an exchange of ideas and learning practical skills together. More info and to register go to: exchange@inspiringcommunities.org.nz or visit their website: inspiringcommunities.org.nz

Jigsaw Central Lakes -Family & Sexual Violence Conference 21-22 April 2017 (save the date) Queenstown Memorial Centre, Queenstown.

• 20 April Pre-Conference

Catalyst Trust Community Forum

• 21-22 April 2017Conference

For info call 027 203 4547 info@jigsawcentrallakes.co.nz

The Philanthropy Summit 2017 will bring together global and local thought leaders from philanthropy, business, government, investment and the community sector along with innovators for the two-day summit that will inform, inspire and challenge you.

The Summit will explore global and local perspectives on innovation in philanthropy and provide unique networking opportunities.

Early registration is now open at

 $\underline{\text{https://www.eiseverywhere.com/ehome/index.php?eventi}} \\ \underline{\text{d=161783\&}}.$ 

**Dates:** Wednesday 10th to Friday 12th May 2017 **Location:** Te Papa (Wellington)

We have an impressive line-up of speakers from near and far, including:

Katy Love - Wikimedia Foundation (USA);

Allan and Rachel English - English Family Foundation (AUS);

Donna Flavell - Waikato-Tainui (NZ);

Judge Carolyn Henwood (NZ);

Dai Henwood (NZ); and

Naida Glavish - co-chair of Te Rūnanga o Ngāti Whātua (NZ).

Philanthropy New Zealand looks forward to seeing you there, and together learning about game-changing strategies and innovative ways to maximise our impact in philanthropy.

**Autism New Zealand**: highly regarded, evidence-based education courses offered to families, whānau and professionals supporting a person with autism.

FANZ (Framework for Autism in New Zealand) Supporting an individual on the Autism Spectrum

FANZ is specifically designed for family/whānau/ caregivers, educators, health professionals, and anyone involved with a child or adult on the Autism Spectrum.

**Christchurch:** Wednesday 22 & Thursday 23 Feb 2017 9.30am to 3.30pm both days

**Timaru:** Wednesday 3 & Thursday 4 May 2017 9.30am to 3.30pm both days

**Cost:** Family/Whanau/Caregivers: \$50.00 (per person) Professionals: \$175.00 (per person)

**Way to Play** Playing joyously with your child on the Autism Spectrum

Christchurch Thurs 15 June 2017 9.30am to 3.30pm West Coast Thursday 14 Sept 2017 9.30am to 3.30pm Cost: Family/Whanau/Caregivers: \$20.00 (per person) Professionals: \$75.00 (per person)

Info: <a href="http://www.autismnz.org.nz/training\_programmes">http://www.autismnz.org.nz/training\_programmes</a> or to contact the Branch to discuss these courses, or for assistance to register please call 03 343 2225, or email <a href="mailto:canterbury@autismnz.org.nz">canterbury@autismnz.org.nz</a>

## Social Enterprise World Forum (SEWF 2017)

27-29 September 2017, Christchurch

This is an international event for social enterprises from all over the world to come together, share wisdom, build networks and discuss how to create a more sustainable future. The event attracts social entrepreneurs, policy makers, community leaders, investors, academics and more.

For further info please visit: http://www.sewf2017.org/

## Family Therapy & Working with Family/Whanau training workshops 2017

Working with Family/Whanau in Aotearoa NZ (4-day introductory workshops)

Extending Your Collaborative Practice with Family/Whanau (2-day applied practice workshops)

'The Person of the Therapist' Mid-Winter Professional Retreat (5-day residential training workshop on self-reflection as a family/whanau practitioner)

For details of workshops and registration email <u>craig-whisker1161@gmail.com</u> or Facebook <a href="https://www.facebook.com/nzfamilytherapists">https://www.facebook.com/nzfamilytherapists</a>

### **FUNDING**

The Community-Led Development Programme is open and will help build strong and resilient communities over the long term. Up to five years of intensive support, underpinned by community-led development principles, and access to holistic flexible funding will be available to the communities selected to partner with the Department of Internal Affairs (DIA).

DIA is inviting communities of place, interest or attribute, and hapū and iwi, to indicate interest in participating. Six to ten communities will be identified through a contestable process which is now open, and closes in mid-February 2017.

Funding for the CLDP starts at \$1 million in 2016-17, rising to \$3.56 million in 2019-20.

More information, including details on how to apply, is available on <a href="www.communitymatters.govt.nz">www.communitymatters.govt.nz</a>, or from any of DIA's regional offices.

Rata Foundation If you have any questions about the changes to our grant application process please check out the Funding section of our website and in particular the Frequently Asked Questions section <a href="http://www.ratafoundation.org.nz/funding">http://www.ratafoundation.org.nz/funding</a> to learn How We Fund and What We Fund or call one of our team on 0508 266 878.

Small Grants / Nga Putea Iti are open any time. Maximum \$20,000. Only one application per year.

Large Grants / Nga Putea Nui have three closing dates per year. Look out early next year for the 2017 dates.

**Rotary Neighbourhood** (asked by CERA to help strengthen communities) Applicants to the fund can apply for up to \$500 for small neighbourhood events and up to \$4,000 for larger community events.

www.rotaryneighbourhood.org.nz

**Trustees Executors** is proud to administer six funds including the following:

The Kingston Sedgfield (NZ) Charitable
 Trust Education and rehabilitation of young\_people.

 Prefers Otago area but will consider other. Applications are open year round and are considered at the end of each month

All information, guidelines and application forms at <a href="https://www.trustees.co.nz">www.trustees.co.nz</a>

#### **Lottery Grants**

**Lottery Community Facilities** Opens 25 Jan 2017 Closes 8 March 2017

#### **Lottery Significant Projects Fund**

Opens 1 Feb 2017 Closes 15 March 2017 <a href="http://www.communitymatters.govt.nz/Funding-and-grants---Lottery-grants">http://www.communitymatters.govt.nz/Funding-and-grants---Lottery-grants</a>

**Creative NZ**: Creative Communities always open. http://www.creativenz.govt.nz/find-funding/funds For many years we've ended our newsletter with an inspirational quote. We've just found a goldmine of quotes made just for the non-profit sector so for the next few months we're going to share these with you. They're from the highly entertaining blogspot Non Profit with Balls by Vu Le. You can enjoy his blogs at http://nonprofitwithballs.com/

## Quotes from Famous people if they worked in Non Profit:

Start where you are. Use what you have. Do what you can with your computer still running Windows 98.

Arthur Ashe

#### **Disclaimer**

The opinions expressed in SEWN newsletters are not necessarily those of Social Equity & Wellbeing Network. Much of the content is supplied. Every effort is made to ensure correctness of facts and information. However, we cannot accept responsibility for errors.

#### Social Equity and Wellbeing Network Inc. - Tuia te Oranga

Charities Commission Registration No: CC26511

Phone: 03 366 2050 Email: admin@SEWN.org.nz Facebook: SEWNchch Website: www.sewn.org.nz

This newsletter is stitched together by Social Equity and Wellbeing Network / Tuia te Oranga with the generous support of the Rata Foundation, the Lottery Grants Board, COGS and the Christchurch City Council.







